

Guest Editorial



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Communicable and Non-communicable diseases: Where are we?

The collaborative effort of government-run hospitals and private sectors should be the key!!

Globally, developing and developed countries are struggling to fight the double burden of communicable and non-communicable diseases. On the other hand, modern medicine with revolutionary AI artificial intelligence and Robotics has climbed heights. There are advantages and disadvantages of globalization. Westernization has gifted Non-communicable diseases and travels across geographic boundaries has disseminated communicable diseases like HIV, COVID, Monkey-pox etc. Despite advances in diagnostics and treatment modalities why are we not able to have control over it?

Let's take an example of COVID. Once originated in Wuhan, China it spread like wild fire, all over the world. Following up on COVID-appropriate behaviour and preventing the infection was the best possible solution which could have prevented mortality, morbidities and financial burden on various countries. Although there were researched drugs, and vaccines which helped to curtail this highly transmissible disease, a change in behaviour of the population could have made the situation different. The basis of an explosion of Non-communicable diseases also lies in behavioural and lifestyle habits.

In India we have a network of Government run primary health centres, rural hospitals, subdistrict hospitals, district hospitals and medical college hospitals. The private sector is exceptional in providing high-quality health care to the Indian and western population. During COVID every corner of India has experienced the success of this collaboration.

There is huge manpower and population of young budding doctors available under the medical education and research and health department. Providing specialist care at the peripheral centre level, and strengthening of primary health centres in villages should help treat common rural diseases and prevent further complications.

Extensive population-based awareness and prevention-oriented educational activities need to be implemented.

If all these health care providers work hand in hand, formulate policies, SOPs, and universal protocol's we should be able to conquer the spread of devils.

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