



The Medical **Bulletin**

In Endocrinology

Pearls in History taking in relation to Sub-acute thyroiditis

- If symptoms of upper respiratory tract infection, it could indicate subacute thyroiditis, and other infective symptoms like fever and neck pain could indicate acute infectious thyroiditis
- Medication history is important. It can tell about underlying drug-induced thyroiditis.
- Take Personal history and family history, it can point towards autoimmune disease. It can help discover any increased risk of autoimmune thyroid disease.
- Ask about symptoms related to local compressive symptoms in the neck.
- Ask about difficulty in swallowing or choking sensation or hoarseness of the voice.
- It could indicate underlying large goitre or large thyroid nodule or Riedel thyroiditis.

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