

Editor's Desk



Dr. A. Muruganathan
Chief Editor

Pain Priorities and Possibilities in type 1 children

- Type 1 diabetes diagnosis can be stressful for a child and his or her family, when parents come to know that their child is having type 1 Diabetes. The family will have mental pain, financial pain, social pain and the child will have physical pain of multiple needle pricks for insulin injection and for blood tests.
- *Sometimes Child may feel:* as if he or she is being punished, Guilty, Fearful of death and Angry toward the parent.

The economic Burden:

- Many under privileged children family may not have refrigerator to store insulin, they may not have enough money to buy the prescribed insulin injection, glucometer and strips.
- According to guidelines, it is recommended that insulin be stored in a refrigerator at approximately 36°F to 46°F. Without proper storage, insulin will lose its potency, Without Proper blood Glucose value we cannot titrate insulin dose. For purchasing all these things family needs minimum 5000 rupees.
- For children with brittle diabetes who goes for hypo or DKA insulin pumps maybe necessary. Insulin pump may cost more than 1 lakh. The child may require Hospital admission for DKA or complications. The hospital expenses are more if they have more complications. Each child should be insured for at least 2 lakhs. Child below 5 years require sensors, it can also increase the treatment cost.

Our Responsibilities:

- As a caring physician we must try to help the vulnerable children and family in getting free medicines accessories and necessary amenities. This we can achieve with the help of our networking and relations with government and non-government agencies.
- We must undertake lot of research activities for the management of type 1 children including creating type 1 Diabetes registry.
- With the help of various stakeholders and technical team we can develop patient friendly low-cost insulin pumps, oral insulin etc. to improve the quality of life.
- We can contact many corporate companies who have CSR and make them help our projects.
- A healthy community is a wealthy community. We must spend some time to educate.
- Our main priority is to educate the families, societies, school management, government and of course children about the various issues of type 1 diabetes.



*The Medical **Bulletin***

- We can support these under privileged children for their education, placement, for smooth conducting of their marriages and normal ,happy, healthy life.
- Social Stigma to be addressed.
- We must motivate the children to organise attitude clubs,initiate useful projects,organise diabetes camps, support groups get together for children with type 1 diabetes and their families to encourage them for interaction.
- Nothing is impossible and we should work with proper team to overcome these challenges and give bright future for these under privileged children.
- We are confident that our efforts combine with others can transform a life a day. Only through being our brother's keeper can we give them a gleam of hope and make the world a better place.

**NOTHING LIBERATES OUR GREATNESS LIKE
THE DESIRE TO HELP, DESIRE TO SERVER**

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