

## **In Cardiology**

The First Indication of Hyperthyroidism May Be the Onset of Atrial Fibrillation (AF)

The incidence of atrial fibrillation in the general population is 4% (a figure I find surprisingly high).

Among persons with hyperthyroidism, there is a 15% incidence of AF.

Subclinical hyperthyroidism causes a threefold increase in the incidence of AF.

Be especially suspicious of this possible connection in older patients. Also, here is a tip, one of those for which I have been unable to find evidence-based support.

Reveno states, "The patient notices rapid heart action more promptly than irregularity".

Of course, both cardiac manifestations – tachycardia and irregularity – can occur in hyperthyroidism

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