



The Medical **Bulletin**

Lipidology

What is Statin Intolerance?

- Inability to take statins to achieve the target LDL -C for the individual
- Inability is due to adverse effects or due to unacceptable elevation of liver enzymes or Creatine kinase levels
- Absence of factors that can provoke the adverse effects of statins
- Reversal or resolution of the abnormality on withdrawal
- Failure to tolerate statins despite rechallenge
- Intolerance to at least two statins – one at the lowest starting dose and another at any dose*

*lowest starting dose of statin is rosuvastatin 5 mg, atorvastatin 10 mg, simvastatin 10 mg, pitavastatin 2 mg, lovastatin 20 mg or pravastatin 40 mg.

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