



## *The Medical* **Bulletin**

### **In Pediatric**

#### **Approach to childhood diarrhoea**

1. Vast majority are viral
2. Acute watery diarrhoea associated with URI is viral until proven otherwise
3. Use antibiotics only if there is bloody stools
4. Only two drugs are recommended for all diarrhoeas - WHO ORS & ZINC
5. Dose of zinc is 20 mg once a day for 14 days irrespective of age and weight
6. Antimotility drugs are contraindicated in children
7. Antiamoebics are rarely needed
8. Dose of cefixime is 8mg/ kg/ day BD.
9. Breast feeding should never be stopped
10. No IM injection

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