



## *The Medical* **Bulletin**

### **In Hepatology**

#### **External Markers of Chronic Liver Disease**

- Jaundice
- Fetor hepaticus
- Spider nevi
- Gynecomastia
- Alopecia
- Feminizing hair distribution (less frequent shaving, loss of axillary and pubic hair)
- Testicular atrophy
- Ascites
- Peripheral edema
- Bruising
- Clubbing
- Palmar erythema (liver palm)
- Dupuytren's contracture
- Metabolic flap (asterixis)
- Muehrcke's lines - paired horizontal bands in nails separated by normal color (due to hypoalbuminemia)
- Terry's (white) nails - (Ground glass appearance with obliterated lunula) proximal two-thirds of the nail plate appears white with distal one-third red (due to hypoalbuminemia)

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