

In Dermatology

Miliaria rubra is due to intraepidermal obstruction of eccrine sweat ducts

• **Clinical feature:** Varies according to type { Miliaria crystallina—minute tense transparent, vesicles without inflammation { Miliaria rubra—itchy small erythematous papule with burning sensation { Miliaria profunda—painful larger, deeper seated, papules favour intertriginous areas (See figure below)

• **Treatment:** Avoid conditions that induce sweating (airconditioned environment—ideal) change of environment and lighter clothing

Calamine lotions to sooth

Corticosteroid lotions, to reduce inflammation sometimes with 0.25% menthol

Oral vitamin C and antibiotic, if there is infection.

Miliaria rubra with secondary bacterial infection leading to perioritis.



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