



The Medical **Bulletin**

In Diabetes

The incidence of lean BMI in young-onset diabetes is over two times higher in Asian Indians compared with white Europeans.

This phenotype of lean, young-onset diabetes is due to lower beta cell function. It also shows Asian Indians with diabetes also have lower genetically determined beta cell function.

Musculoskeletal pain (MS) is common among elderly primary care patients with DMT2

- The most common MS pain location is Knee.
- Musculoskeletal pain has no impact in attainment of type 2 diabetes treatment. targets.

A Hypoglycaemia Awareness Restoration Programme for people with type 1 diabetes and problematic hypoglycaemia persisting despite optimised care.(HARPdoc). The participants have had high anxiety and depression.

The following methods are adopted. Hypoglycaemia Fear Survey II (HFS-II); Attitudes to Awareness of Hypoglycaemia questionnaire (A2A); Hospital Anxiety and Depression Index; and Problem Areas In Diabetes.

The HARPdoc protocol successfully recruited people with treatment-resistant problematic hypoglycaemia.

Dr. Rajsekar