



*The Medical **Bulletin***

In Lipidology

LAI rec for diabetics:

1. All DM type2 receive statin at the time of diagnosis, irrespective of age
2. Diabetics - High risk - LDL- target <70 mg/dl
3. DM with 2 or more RF or TOD - Very high risk - LDLC target <50 mg/dl
4. DM with ASCVD -Extreme risk A - LDLC target <50 mg/dl and <30 mg/dl optional
5. DM with very high risk features or polyvascular disease- Extreme risk B- LDLC < 30 mg/dl
6. If TG .150 mg/dl (after excluding any other secondary cause, and trying life style intervention) - use eicosa penta

***Dr. Raman Puri & Dr. Shamanna Iyengar**
Lipid Association of India*