

## History

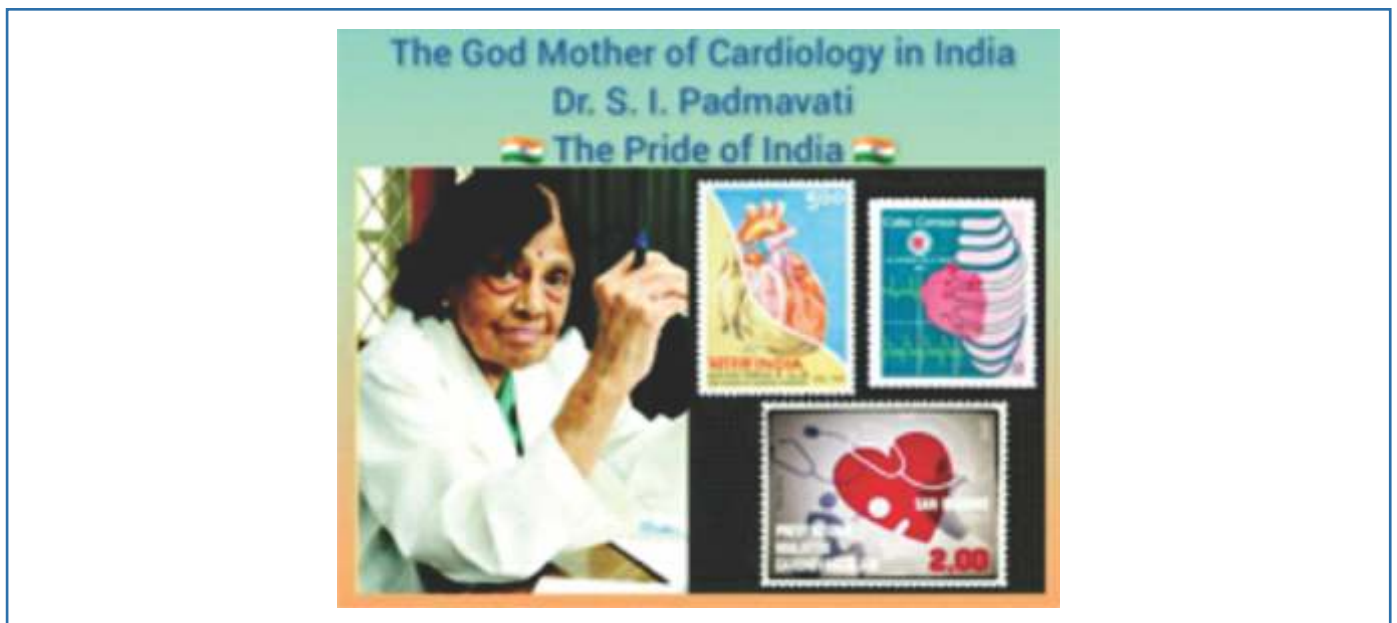
### History in Medicine- The Pride of India

#### **Dr. S. I. Padmavati**

*(June 20, 1917 - Aug 29, 2020)*

*The Doyenne of Cardiology in India*

*First Women Cardiologist of India*



#### ***Her Contributions...***

- Dr. Padmavati was born in Burma and did her medical studies at Rangoon Medical College in 1940s. During Second World War, due to Japanese invasion in Burma, her family moved to India.
- Then she emigrated to United Kingdom and completed her Fellowship at the Royal College of Physicians, London and in Edinburg.
- Further, she was learning under the guidance of well-known Cardiologist Dr. Helen Taussing at John Hopkins Hospital, Baltimore and under Dr. Paul Dudley White, a Pioneer of Modern Cardiology in Harvard Medical School, United States.
- After returning to India, she initiated her medical service in 1953 at Lady Hardinge Medical College, Delhi. Where she began the First cardiac clinic and cath lab with a grant from the Rockefeller Foundation.
- Later, she became the Director-Principal of Maulana Azad Medical College (MAMC) in 1967.
- Dr. Padmavati holds many first in her career, she was the first to establish the Department of Cardiology at the G. B. Pant Hospital, Delhi.



## *The Medical **Bulletin***

- She also started the Department of Cardiology at MAMC as well as the First DM Cardiology Course in India.
- She was the first to found the “All India Heart Foundation” to spread awareness related to heart disease.
- After her retirement in 1981, she founded Asia's first heart institution- \*National Heart Institute, Delhi.\* Which is instrumental in training Physicians in Preventive Cardiology.
- Throughout her lifetime, she conducted many clinical investigations and published over 300 research articles on preventive cardiovascular medicine.
- Ultimately, her meritorious services were honoured with many awards including the Harvard Medical International Award, Dr. B.C. Roy National Award, and Kamla Menon Research Award.
- The Indian Government also honoured her twice for her pioneering work in Cardiology with the Padma Bhushan award in 1967 and Padma Vibhushan award in 1992.
- Till 2015, she worked twelve hours a day, five days a week at National Heart Institute, Delhi. She was an ever-smiling physician being celebrated as “The God Mother of Cardiology” who lived with the principle of "Hard Work Will Never Kill You," that was her famous quote.

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