



*The Medical **Bulletin***

Drugs Corner

Poisoning

Ciguatera fish poisoning is a foodborne illness that is caused by ingestion of reef fish (eg, barracuda, amberjack, moray eel, and certain types of groupers, snapper, or parrotfish) that are contaminated with toxins that arise from *Gambierdiscus toxicus*, a single-celled organism that grows on coral reefs.

Clinical features of this illness generally include cramps in the hands and legs, diarrhoea. But, Involvement of cardiovascular system, neurologic features could also be seen. This could present as an epidemic as well .

*Dr Sangram S. Biradar
MD, FICP, FACP, FRCP*