

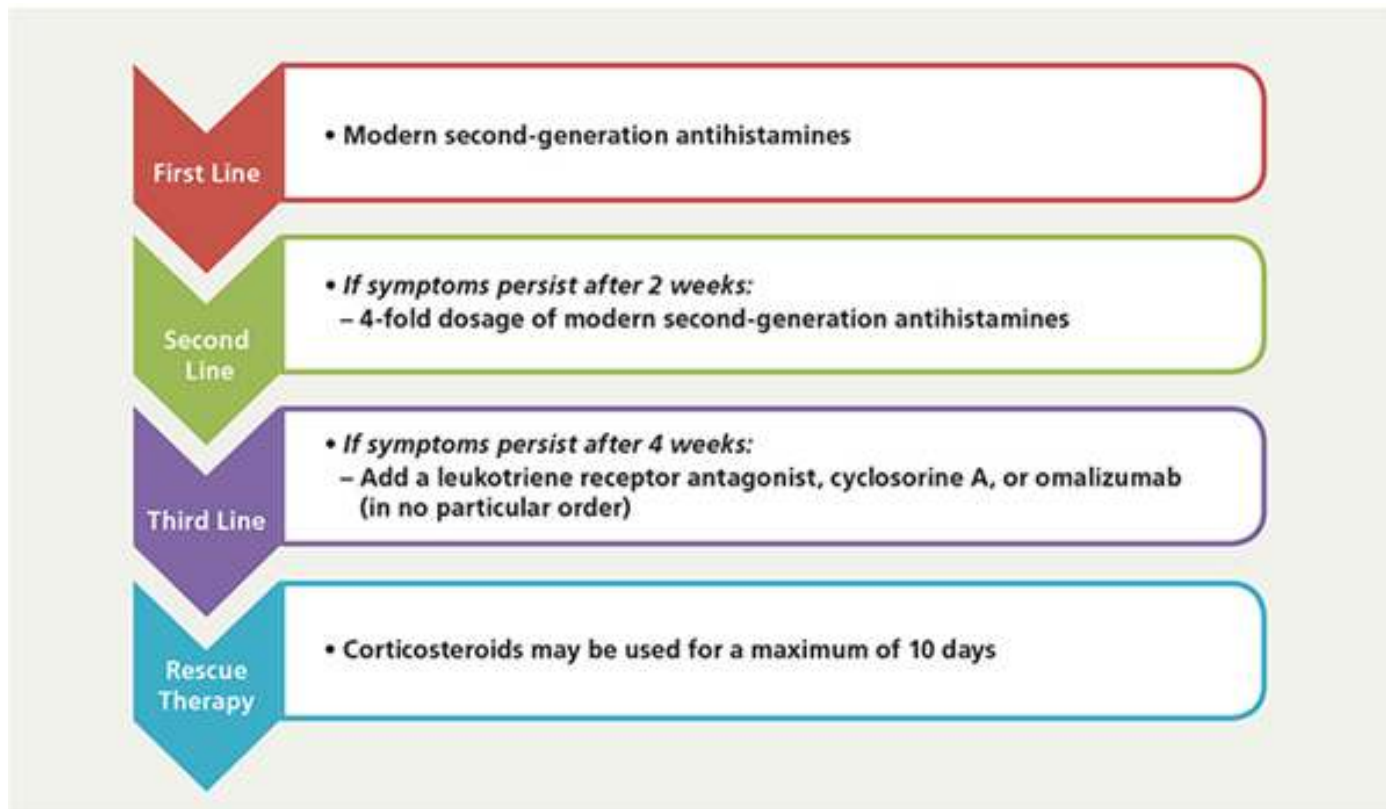
# In Dermatology

## URTICARIA – some recent aspects

Urticaria manifests as a cutaneous reaction characterized by a rash accompanied by erythema and oedema. According to its evolution over time, urticaria can be classified as acute (duration <6 weeks) or chronic (duration >6 weeks).

Acute urticaria, which affects up to 20% of the general population, can be part of the clinical spectrum of anaphylaxis and can be life-threatening if left untreated. On the other hand, chronic urticaria (CU) affects approximately 5% of the population and can have a major negative impact on patients' daily activities, thus worsening their quality of life.

Given below is the step-care approach to CU.



Reference: Zuberbier T, Aberer W, Asero R, et al. Allergy 2018; 73:1393.

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