



The Medical **Bulletin**

In Diabetology

Endo bariatric interventions may be the new hope for Obese diabetics

- The management of the metabolic complications of obesity is a very a burning issue
- The primary treatment recommendation about weight loss is very strong.
- Now we have early evidence showing that Endo bariatric techniques
- (Minimally invasive, non-surgical procedures) are effective at least for short term for all the advantages we get by conventional bariatric surgery.
- These techniques bring significant and durable weight loss and improvement in obesity-related metabolic comorbidities.
- We have both gastric and small bowel Endo bariatric techniques which promote effective weight loss.
- It can also help ameliorate hepatic steatosis, early liver fibrosis, insulin resistance, and
- cardiovascular disease risk.
- Some centres in India are doing successfully such interventions.

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