

### Guest Editorial



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#### Importance of Medication Review by Physicians

When patients come to a physician's office, for whatever condition be it; acute or chronic, a quick assessment of the list of medicines that a patient is currently taking is very crucial as a part of history-taking. Although this seems to be a boring exercise, this is vital to aid in the making a diagnosis and thereby offering a curative treatment.

A few pearls where a quick medication review clinches the diagnosis and makes a

“Wow! This doc cured me” is what shall list here. The list can go on and on, but I have tried to summarize the ones that are often missed.

1. **Cough: Patients with recurrent cough:** A beta blocker or ACE inhibitor in the list.
2. **Recurrent fatigue and multiple temporary admissions for hyponatremia:** Diuretics
3. **A nocturnal cough and reflux symptoms:** Aspirin in the list
4. **Stuffy nose that keeps coming back:** Think of Rhinitis medicamentosa and Oxymetazoline use
5. **Dryness of mouth:** A depression medicine (Anticholinergic effect) being taken for insomnia is a culprit
6. **Tremor:** Salbutamol containing cough syrups
7. **Galactorrhea:** The notorious “gas” medicines which have Domperidone, levosulpiride
8. **Parkinsonism:** The “antigas” medications containing Dopamine receptor blockers
9. **Falls and postural hypotension:** the various combinations of Anti-hypertensives
10. **Constipation:** Calcium channel blockers

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