

Guest Editorial



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Diabetic Foot Infection: An expensive yet a preventable complication in Diabetes

The number of people living with Diabetes is on the rise especially in the low and middle income countries like India.

However, complications of Diabetes like Retinopathy and Kidney disease due to diabetes is also rising

One complication which is very expensive, yet preventable is the Diabetic Foot Complication and Lower limb amputation

It is preventable because 80 % of this complication occurs in the setting of Diabetic Neuropathy with loss of protective sensation in the feet

It is expensive because this complication requires repeated hospitalization due to frequent infections in the feet

The only way to prevent this by maintaining good control of Diabetes , keeping the BP and Lipid targets under check and yearly check-up of the feet

If anyone has loss of protective sensation in the feet, this person should avoid all the socio cultural practices which can lead to a Diabetic Foot infection like bare foot walking, sitting cross legged on the floor and so on self-examination of the feet for changes in the color, warmth in the feet is very essential. Therefore let us work together to prevent this expensive yet preventable complication which is very common among people living with Diabetes