

## Mnemonics

### **Clinical manifestations-Symptoms and physical Signs of Congestive cardiac failure my mnemonics**

- C. Cardiac asthma, Confusion
- O. Orthopnea
- N. Nocturnal Dyspnoea-Paroxysmal, Nocturia, Neck Veins distended,
- G. Gallop Rhythm --> S4 (Atrial gallop)
- E. Exercise Intolerance
- S. Skin cold and clammy
- T. Tachycardia
- I Increased Pulmonary arterial pressure --> PHT-loud P2
- V. Ventricular gallop. S3
- E. Edema-> Peripheral
- C Cheyne Stokes Respiration
- A. Anorexia
- R. Rales
- D. Dyspnoea, Displaced PMI
- I Increased Fluid load -> Fluid over load
- A. Anorexia
- C. Cardiac Cachexia
- F. Fatigue, Weakness,
- A. Alternans Pulsus
- I. Icterus
- L. Lethargy
- U. Urine output -> decreased
- R. Retention of fluid in peritoneal cavity-Ascites

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