

OBG

ASHERMAN'S SYNDROME

- Asherman's syndrome is an acquired, gynecological disorder of the uterus. It is characterized by the bonding of scar tissue that lines the walls of the uterus, which decreases the volume of the uterine cavity.

Causes

- Dilatation & curettage notably in the postpartum period
- Infections of the endometrium (e.g., genital tuberculosis & schistosomiasis),
- Other factors.

C/F

- Primary amenorrhea (rare)
- Secondary amenorrhea
- Hypomenorrhea
- Dysmenorrhea

Investigation

- Hysteroscopy
- Hysterosalpingogram
- MRI (in case of total obliteration)

Treatment options

- Hysteroscopic surgery to release adhesions
- Prevention of readhesion (foleys catheter, intrauterine balloon)
- Restoration of endometrial lining (estrogen therapy)

Recent advances

- Stem cell therapy
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