

Editor's Desk



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SHOULD THE HEALTH CARE SECTOR BE CONSCIENTIOUS OR COMPLACENT

It is one of our facets of professional life that we observe World Health Day every year on 7th of April to commemorate the creation of World Health Organization (WHO). This institution headquartered in Geneva was formed on 07.04.1948 with several signed up constituent member nations with a view to championing health, wellbeing and better future to everyone on the globe equally. Just imagine for a moment how the world would have been if this organization is not in existence! The motto for this year's World Health Day is "OUR PLANET OUR HEALTH- CLEAN OUR AIR, WATER AND AIR". Every year the motto and theme is attentively chosen to encompass various spheres of health connected activities. The theme for 2022 is "To spur action from individuals, Policy - Makers and Health care workers to make universal health care a reality for everyone".

Though it outwardly appears as a monumental task, if you think deeply we should always aim high. Current COVID Pandemic has educated us that all is achievable if we put mind, soul and physical energy into any strategy planning. If the medical and scientific research world has not actively chased after an effective management, we would have been left without any vaccine for COVID resulting in human catastrophe. So how can we make attempts to actualize the motto? Primordial in our thought is provision of clean air. Industrialization has brought with it toxic effluents polluting the atmosphere, greater urbanization and city developments and expansion have culminated in unhealthy carbon emissions from automobile and the like. Arable lands have been hijacked for building concrete monsters stealing the Greenery. Land waste refill sites have been erroneously managed.

Assault on acclaimed green belt areas has caused germination of atmospheric pollution etc. Correspondingly polluting of rivers and water resources by industrial discharges have denied us healthy clean drinking water. Many parts of the globe are dry, arid with draught proneness denying them adequate drinking water resources. Healthy agricultural practices and education on organic farming should be established among the agrarian community. Let us not forget the fact that modern changes of our dietary habits like processed foods, fast foods, junk foods have given rise to obesity and various other health issues. Ignorance is not bliss if we are to sincerely practice the aspects of the motto and theme.

We have to make attempts to improve the health and wellbeing of every individual on this mother earth and effective universal Primary health care should be established. We as individuals have a responsibility to take care of our own health and the public should be provided with appropriate information and services. Spreading awareness about good health should remove barriers of race, colour, economic variability, consumer apathy and should be



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universal. Investment in health education with a view to reaching every corner of the globe cannot be overstressed. A life without health is like an empty river. Robust public health systems to impart healthy lifestyle will make the planet and humans healthy. So colleague's, muster your zeal and zest, prime our position to obliterate the apathy and indifference and proactively participate in this activity.

Best wishes

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